

# The Five Intelligences

## Experiential workshop for HR and MD Leaders

***In the last few years we have been getting repeated requests from our HR and MD contacts from around the world for an open programme that would create an opportunity for an in-depth experience of the work that we deliver as in-house processes within the corporate world.***

**Presenting a unique two days event; designed for people who look after people. A space in time that achieves two complementary objectives:**

### **Objective 1**

Delivering a deeply impactful, cutting edge, experiential and highly enjoyable Five Intelligences workshop that opens up the territory of personal development in the context of self and people leadership/ personal and leadership effectiveness.

### **Objective 2**

The workshop being designed in such a way as to create enriching channels of sharing, exchange and interpersonal empowerment between high-level professionals, engendering new friendships and collaboration opportunities.

### **CONTEXT**

Increasing complexity, ambiguity, volatility and uncertainty together with thrilling new possibilities define the nature of the times we live in.

In the course of the last decade, billions of people around the globe have been exposed to the onset of new realities, crisis of unprecedented levels seemingly coming from all directions, at the same time. This is significantly impacting and rapidly altering their perception of the world and outlook on life.

Global warming; extreme weather patterns; the implosion of the world's financial systems; economic tensions over currencies and natural resources; the shifts of power from west to east; terrorism; the rapidly growing influence of social media; changing values; changing balances between the masculine and feminine vectors in world affairs and especially where it concerns leadership; new kinds of threats to individuals and organizations by cyber-criminals, millions of individuals experiencing the need for spiritual engagement and direction; the explosion in new technologies; ruthless competitiveness; the apparent quickening in the growth and evolution of human capability...

These are just a few of the prominent events and influences that are shaping and influencing our private and working lives in variety of ways – according to our location, means and positioning – changing the way we think, plan and respond.

### **PERSONAL DEVELOPMENT:**

#### **A Vital, Indispensable Process for Emerging Leaders**

These challenges also define the nature and context of the kind of personal development that is called for from emerging leaders, as the quality of their personal development determines their personal effectiveness and ability to deliver cutting edge performance and improving business results.

In the corporate world, the need that many have been expressing is the need to find new ways to know themselves better (know thyself). This is one of the greatest developmental challenges and has given birth to a plethora of diagnostic processes, many of which can be conducted on-line.

However, life is not only a diagnostic process. Life and leading oneself and others is a deep and powerful experience. It therefore calls for know-how, insights and modalities that enable individuals to perceive and connect to their innate capabilities and natural talents in ways that enable a more fulfilling engagement and rewarding experience for all concerned.

Personal development is, by nature, a process that calls for a long-term vision while enabling a person to handle short and medium-term challenges. It is a process that works simultaneously across the Three Horizons of human engagement (long, medium and short-term); to enable people to cope with the relentless demands and pressures of today while not losing sight of the needs of tomorrow. ➤

**leverage your natural genius into cutting edge capabilities**

#### TIMING

- **Option One**

Arrival on the evening of **June 29th**  
Workshop: **30th June – 1st July**

- **Option Two**

Arrival on the evening of **July 6th**  
Workshop: **7th – 8th July**

#### COST & REGISTRATION

Being a first of its kind, a very special offer of € 1175,- per person (excl. BTW).  
Cost includes hotel accommodation and conference costs, drinks, meals, snacks and a special 60-page handout.  
Not including mini bar and any extra costs beyond the basic arrangement.

Those who bring a referral will enjoy a **10% discount**.

#### To register please log onto:

<http://bit.ly/workshopHRMD>

**For questions call:** +31 30 605 1350

**Conductor** David Gommé

**T** +31 30 605 1350

**M** +31 6 11 363 008

**E** david.gomme@capabledynamics.com

**I** www.capabledynamics.com

#### THE FIVE INTELLIGENCES

A frame-breaking discovery of great magnitude, resulting from three decades of R&D work, the Five Intelligences is a catalytic developmental modality that provides an accurate description and direct connection to the working dynamics of the inner architecture and incredible inherent technologies of our natural capabilities at fundamental level. 'The Vitruvian Insight' reveals five lives or inner generating powers that define the human capability in a similar way that the five senses define, at fundamental level, human consciousness. The Five Intelligences is a highly structured experiential process, customised to the exact developmental and/or strategic needs of individuals, team(s) or target grouping.

#### THE WORKSHOP

Being an experiential event, the way and style of the work is live, entertaining and challenging throughout. The sessions range from individual exercises to working in small teams with the occasional plenary.

Throughout the workshop you will be able to register for personal coaching time with David.

Light outdoor activities are incorporated, mainly in the way of working walks and fun games.

#### Day One

Starting time: 09:00, lunch at around 12:30, mid-morning and mid-afternoon coffee-breaks, snack at 16:30 and dinner at 19:30.

- Introduction to personal development: What is it and what are its purposes? Why the experiential approach lives at its core.
- The Doing: Being Balances of the human: Why such a seemingly simple insight is so crucial to our development and to how we handle pressure and stress.
- Working into the Thinking, Doing and Monitoring Intelligences.

#### Day Two

Starting time: 09:00, lunch at around 12:30, mid-morning and mid-afternoon coffee-breaks, session ends at 17:00.

- Working into the Emotional and Creative Intelligences.
- 'Five Plus' summation exercise.
- Summation plenary.

#### The Evening Before

Being a deep experiential process, to allow for a relaxed launch and get the very most of the two days, arrival and check-in will take place in the evening before, with a get to know each other dinner at 20:00 (you will certainly enjoy the food – de Wilmersberg is known for its fine kitchen).

#### LOCATION

The wonderful, quite and secluded location and surroundings of **Landgoed de Wilmersberg** (please visit [www.wilmersberg.nl](http://www.wilmersberg.nl) for route description) in De Lutte provide the ideal settings for such an event.